



*Celebrating our 16<sup>th</sup> Anniversary this year!*

Dear Participant:

Please accept our heartfelt thanks for your desire to be a part of the 2011 Enbridge Canoe for Kids event.

Christie Lake Kids is once again proud to partner with Enbridge Gas Distribution to present Enbridge Canoe for Kids, a canoe race along the waterfront at Mooney's Bay. This annual event raises money to benefit economically disadvantaged children and youth in our community. It's a half-day event with teams of paddlers competing for fun and prizes!

Enbridge Canoe for Kids is truly a family event. In just one morning, you'll see paddlers race on the water, kids jump and joust in the Sens Family Fun Zone, spectators and participants bid on a variety of Silent Auction items and then enjoy a BBQ lunch. All of this while being part of an event that supports underprivileged kids through our inner city and camp programs.

I am honored to be the Chair for the **16<sup>th</sup> Annual Enbridge Canoe for Kids** and look forward to meeting you at Mooney's Bay. The Enbridge Canoe for Kids will be held on **Saturday June 4, 2011**. This package provides you with what you will need to begin. Register on-line and keep informed.

I hope you know that with your involvement, Christie Lake Kids can continue to provide a cycle of support through their camp and inner city programs.

Sincerely,

*Steve Monuk*

2011 Chair, Enbridge Canoe for Kids

For more information please contact  
Rhonda Farago

[rfarago@christielakekids.com](mailto:rfarago@christielakekids.com)

please register on line at [www.christielakekids.com](http://www.christielakekids.com)



**ENBRIDGE**  
*Canoe for Kids*  
- Keeping Dreams Afloat

**Team Package 2011**



**Saturday, June 4, 2011**  
**Mooney's Bay Beach**  
7:30am - 1:00pm

[www.christielakekids.com](http://www.christielakekids.com)

## Christie Lake Kids

Christie Lake Kids' mission is to enrich the lives and prospects of economically disadvantaged children, by providing quality year-round community and camp programs to develop physical, artistic, and social skills, positive attitudes, and personal qualities. Our programs strengthen the mental health and well being of at-risk children and youth.

Since 1922, Christie Lake Kids (CLK) has been responding to the specific needs of economically disadvantaged children age 6-17 from the Ottawa area. Over 600 children and youth benefited from experiences at our Christie Lake Camp facility and from our strategically located STAR programming offered to 6 high-risk communities: Russell Heights, Caldwell, Lowertown, Vanier, Heatherington and Hunt Club/Riverside.

## The Impact of Our Programs

At Christie Lake Kids, it is our philosophy and firmly held belief that the physical and psychosocial benefits of participation in skill-building programs should be the right of all children. By investing our resources in skill-building programs in sport, recreation, academia and the arts, we are instrumental in helping to develop the physical, emotional, cognitive and social competencies of children and youth. This ultimately strengthens the families and enriches the communities where they live. Economically disadvantaged children often encounter multiple barriers to participation. Those barriers go beyond the financial aspect and include mental health, physical disabilities, immigrant status and gender. Essentially, those who need the programs the most are least likely to get them. At Christie Lake Kids, we remove the barriers. Through our Camp and STAR programs, these kids gain social skills including problem solving, conflict resolution, self-control, leadership and responsible decision making. Personal skills gained include enhancing self efficacy and enhancing self-esteem.

## The Impact of your Donation

This year, we hope your efforts will raise \$110,000 at Canoe for Kids.

## Registration

Here's how to register your team online:

- Go to [www.christielakekids.com/events](http://www.christielakekids.com/events)
- Hover over Events to Enbridge Canoe for Kids to Click on Online Registration and Donation

Use the left hand menu to register a team, volunteer or make a donation. Once registered, each participant will be given a username and password to set up a personal page and keep track of online fundraising.

Team Kits are available to download. They include a pledge form (for manual donations), fundraising tips, strategies and information about Christie Lake Kids. **There is no minimum fundraising required, but we are hoping that teams set a goal of \$2000 per team.**

Collect your monies prior to June 4th and bring them to Team Sign-In at Mooney's Bay on event day. We'll keep track of your online donations and add them to your total. Top team and individual fundraisers will be announced at the closing ceremonies.

- Get a team together (6 primary paddlers 2-4 back up paddlers) include family, friends, co-workers, etc.
- Choose a captain and team name
- Register online at [www.christielakekids.com](http://www.christielakekids.com)
- Download your team kit
- Ready, set, raise! Ready, set, race!

**Participants** receive breakfast, drinks and lunch, participant memorabilia, personalized team plaque. Enjoy the Sens Family Fun Zone and a silent auction on the beach for those not paddling. Family/friends will be able to purchase lunch.

**Races** Each team is guaranteed at least two races. Canoes, lifejackets and paddles provided. Course is < 500 m and runs along the beachfront. It's a fun race; no experience necessary!

**Prizes** will be awarded for: Most creative team name, Best team costumes, fastest team, Highest fundraisers

16<sup>TH</sup> ANNUAL ENBRIDGE CANOE FOR KIDS RACE  
June 4, 2011

Waiver of Liability

In consideration of my being permitted to participate as a competitor in this event, I, myself, my heirs, executors, administrators, successors and assigns do hereby remise, and forever discharge, waive and save harmless, protect and keep indemnified, Christie Lake Kids, the National Capital Commission, Parks Canada and the City of Ottawa, any and all clubs, associations, functioning bodies, sponsoring corporations, sponsors, participants, competitors, entrants and all other respective agents, officials, servants, representatives from and against any and all kinds of actions, claims and costs and expenses and demands in respect to death, injury, loss or damage to my person or property however caused out my being permitted to, and attend at, or in any way take part prior to, during or subsequent to this event whether as a entrant, competitor, participant, spectator or otherwise and not withstood, their agents officials, servants, or representatives. I attest and verify that I am fully aware of the physical risk is injury or death involved in participating in this event and voluntarily agree to accept full responsibility and legal liability that the weather conditions on Saturday, June 4, 2011 may be unpredictable, thus posing an increased physical risk for this reason Canoe for Kids may be cancelled without notice. By signing this waiver, I acknowledge having read and agree to the above waiver, release and identification.

TEAM NAME \_\_\_\_\_

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